

PUBLIC PROGRAMS

- Scheduled Recreational Swims
- Adult Lap Swims
- Senior Citizen Programs
- Swimming Lessons (Tots, Preschool, Youth, Adult)
- Water Exercise Programs
- American Red Cross Safety Courses
- Specialized Water Sports Training
- Competitive Team Programs

UPCOMING EVENTS

- Apr 2-4 US Synchronized Swimming Speedo Jr Champs
- Apr 10-11 Pac NW Assoc Swimming Championship
- Apr 18 Washington Special Olympics Swimming Regionals
- Apr 19 April Pools Day Community Activity Swim
- Apr 25-26 Dick LaFave Long Course Kickoff Swim Meet
- May 2-3 May Flowers Swimming Invitational
- May 9 Regional Remote Control Vehicles Student Champs
- May 15-17 Pacific Coast Swimming Invitational
- May 23-24 WA State Girls High School WP Championships
- May 30-31 WA State Special Olympics Swimming Champs
- Jun 6-7 KingOpen



Weyerhaeuser King County Aquatic Center
650 SW Campus Drive, Federal Way, Washington 98023-8425
Seattle (206) 296-4444 Tacoma (253) 927-5173
Visit our website at www.kingcounty.gov/parks

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Spring Schedule
March 30—June 14, 2009
Seattle (206) 296-4444
Tacoma (253) 927-5173

Recreation Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am-9:00	Maintenance	Adult/Senior Swim	Maintenance	Adult/Senior Swim	Maintenance	Special Events and Activities	Special Events and Activities
9:00-10:00	Low Impact Exercise	Maintenance	Low Impact Exercise	Maintenance	Low Impact Exercise		
10:00-11:30	Lessons	Lessons	Lessons	Lessons	Maintenance	11:30-1:30 Public Swim	11:30-1:30 Public Swim
11:30-12:30	Family Swim**	Family Swim**	Family Swim**	Family Swim**	Family Swim**		
12:30-1:30	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	1:30-Rentals	1:30-Rentals
4:30-7:30	Lessons	Lessons	Lessons	Lessons	4:00-7:00 Rentals		
7:30-8:30	Public Swim*	Public Swim*	Public Swim*	Public Swim*	Public Swim*		

* Children younger than 6 years old must each be supervised in the water by an adult within arm’s reach at all times
** During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

SWIMMING LESSONS

Morning Sessions (1/2hr, 10:00-11:30am, MW’s or TTh’s)

Evening Session (1/2 hr, 4:30-7:30pm (MW’s, TTh’s)

Monday Wednesdays

Apr 20 - May 13 (8 lessons)

*May 18 - June 17 (9 lessons)

*no class Memorial Day Monday, May 25th

Tuesday & Thursday

Apr 21 - May 14 (8 lessons)

May 19 - June 18 (10 lessons)

CANCELED SWIMS

Apr 18 (WA State Special Olympics, Regional), May 30-31 (WA State Special Olympics, State)

TELEPHONE RELAY SERVICE: 711



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2009 POOL FEES

Competition Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30am-8:00	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*
11:30-1:30	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*
4:00- 6:30	Team Training	Team Training	Team Training	Team Training	Team Training
6:30-8:00	Team Training	Team Training	Team Training	Team Training	Team Training
8:00-10:00	Team Training	Team Training	Team Training	Team Training	Team Training

* To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The competition pool is currently set at 25 yards and ranges in depth from 9 to 10.5 feet. It is intended for lap swimming only. The staring blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 25 yard swim test to be allowed to swim in the competition pool.

Canceled Swims:

Apr 4-5	11:30-1:30
Apr 11	11:30-1:30
Apr 18	11:30-1:30
Apr 19	11:30-1:30
Apr 25-26	11:30-1:30
May 2-3	11:30-1:30
May 9	11:30-1:30
May 16-17	11:30-1:30
May 23-24	11:30-1:30
May 30-31	11:30-1:30
June 6-7	11:30-1:30
June 13-14	11:30-1:30

Events:

US Synchronized Swimming Speedo Jr Nationals
US Masters PNA Swimming Championship
Washington State Special Olympics Regionals
April Pools Day Community Activity Swim
Dick LaFave Long Course Kickoff Swim Meet
May Flowers Swim Meet
Regional Remote Control Vehicles Student Champs
Pac Coast Swimming Invitational
WA State Girls High School WP Champs
WA State Special Olympics Swimming Championships
King Open
Medal Mania



King County

LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

GENERAL ADMISSION (Tax Included)

Recreation Pool:		Competition Pool:	
Rec Pool Family Swim**		Comp Pool Lap Swim	\$5.00
All participants	\$3.25	Sr Citizen (62+) \$ People w/Disabilities	\$3.50
Public Swim**			
Children, Adults & Sr Citizens	\$3.25		
People w/Disabilities	\$2.50		
Rec Pool Adult & Senior Lap Swim			
Adult	\$5.00		
Sr Citizen (62+) & Disabled	\$3.50		
Shower	\$3.25		

Low Impact Water Exercise (Rec Pool)

Adult	\$6.25 - 10-visit Card	\$61.50
Sr Citizen (62+)	\$4.75 - 10-visit Card	\$42.00

- * Each child younger than 6 yrs old must each be accompanied in the water by an adult
- ** All children must be accompanied in the water by an adult during Family Swims (one adult per three children)

RENTALS

Great for birthday parties, private groups and business meetings. Scheduled during non-program hours.			
Rec Pool, 1-25 people	\$105.00/hour	Party Room Rental	\$37.00/hour
Rec Pool, 26-60 people	\$135.00/hour	Lobby Rental	\$89.00/hour
			+ staffing & deposits

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Type	3 Months	1 Year
Youth (1 year-17 years)	\$107.50+tax	\$312.00+tax
Adult	\$156.75+tax	\$456.00+tax
Family	\$275.00+tax	\$650.00+tax
Senior Citizen(62+)	\$107.50+tax	\$273.00+tax
Disabled	\$100.00+tax	\$260.00+tax

GIFT CERTIFICATES

Give the gift of health! Good for any programs.

TELEPHONE RELAY SERVICE: 711

